

Presents



A paddling race for women

Saturday October 11, 2014 - Hawaii Kai to Kaimana Beach – 10:00 A.M.

CRAFTS & DIVISIONS

OC-1 and Surfski-1: 18 and Under, 19-29, 30-39, 40-49, 50-55, 56-60, Kupuna (over 60) V-1, OC-2, Surfski-2, OC-3 and OC-6: Open Standup Paddleboard:

- 12'6": 18 and under, 19-39, 40-59, Kupuna (60+)
- 14': 18 and under, 19-39, 40-59, Kupuna (60+)
- Unlimited: 18 and under, 19-39, 40-59, Kupuna (60+)

Prone Paddleboard:

- Stock 12': 18 and under, 19-39, 40-59, Kupuna (60+)
- Unlimited: 18 and under, 19-39, 40-59, Kupuna (60+)

PRIZES

A CASH PURSE will be offered for at least the top 3 in each of the following 4 individual disciplines:

OC-1/V-1 - Surfski - SUP - Prone Paddleboad

Awards will be given to each race category and age division. Each participant will receive lunch and Mahiku Capri

REGISTRATION, COST AND START TIMES

- Early Bird Registration online at www.flpregister.com until Sunday, September 28, 2014.
- Race day registration and check in: 8:00-9:15 a.m. at Hawaii Kai. Start: 10:00 a.m.
 - OC-1/V-1, Surfski-1, SUP, Prone Paddleboad: \$60.00 early registration / \$75.00 after Sept. 28.
 - o OC-2, SS-2: \$120.00 early registration / \$150.00 after Sept. 28.
 - OC-3 and OC-6: \$180.00 and \$360.00 early registration / \$225.00 and \$450.00 after Sept. 28.